

# THE COMPARISON GAME

with Christna Stubbs

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## Week 2 Worksheet

**Name:**

**Date:**

What are some characteristics that you envy in other people? Write down a few ways that you can celebrate these people. **[This week, make it a goal to celebrate the person/persons that you often compare yourself to, at least once.]**

What are some of the gifts that God has given you? What are you doing to cultivate those gifts? **[This week, dedicate time to working on your gift. If you're not sure of your giftings, dedicate time to pray this week and ask God what they are.]**

**EXERCISE.** This week, commit to spending at least 10 minutes a day in God's word: Ex. 5 minutes in the morning and 5 at night, or whatever works best for you. **[The goal is to shift your mind from being self-focused all the time, to being Jesus focused.]**

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